

# **ETHICS FOR KAMLA YOGA STUDENTS**

- Maintain a polite and correct attitude towards the teachers, fellow students, and staff at the Yoga Center.
- Act with loyalty, integrity, and fairness in all activities related to the practice of yoga and behave with respect towards other students and teachers.
- Refrain from using inappropriate or suggestive language, including body language, even in playful situations, as a joke or for fun.
- Ensure the safety and health of other students by contributing to the creation and maintenance of a healthy, safe, and inclusive environment.
- Prevent and discourage disputes, conflicts, and disagreements by using healthy, effective, and constructive communication.
- Immediately report to the Lead Teacher or another responsible person, including potential ones, that may expose oneself or others to harm, danger, fear, or discomfort.
- Take care of and respect the Yoga Center's environment and equipment, leaving them in the same condition in which they were found or improved.
- Arrive a few minutes before the activity begins so that the lesson can start on time; do not disturb the previous class's conclusion; do not obstruct the beginning of the next class.
- Accept the authority and guidance of the teachers with openness and trust.
- Each student is responsible for compensating for any damage caused to people and/or property.
- Wait for the start of the class by speaking quietly and minimizing any noise.
- Renew payment within the established deadline.

## **IT IS FORBIDDEN TO:**

- Run, shout, misuse the spaces and equipment, or do anything that could disturb the regular activities or damage the premises of the Yoga Center.
- Smoke or introduce prohibited substances; bring dangerous objects into the premises, misuse the equipment and facilities; engage in uncivil behaviors.
- Leave mobile phones on or with ringtones inside the premises of the Yoga Center.
- The management monitors the premises of the Yoga Center but is not responsible for the loss or theft of valuables left unattended.